

# OCTOBER 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# Hello

**6**  
Sign up to become a literacy tutor at a local school or library

**7**  
Tape a video message to send to a faraway friend

**8**  
Donate dog and/or cat food to an animal shelter

**9**  
Pay a stranger's library fees

**Yom Kippur**

**10**  
Reach out to someone you know going through a tough time & let them vent

**World Mental Health Day**

**11**  
Write a letter to a woman who has made a difference in your life

**Intl. Day of the Girl**

**12**  
Teach a child or teenager techniques for being financially responsible

**13**  
Draw a picture for a friend

**14**  
Clip coupons & put them next to corresponding items at the grocery store

**15**  
Leave a bucket of old toys & tennis balls at the dog park

**16**  
Write a poem for your parents

**17**  
Make care bags to give to homeless people

**18**  
Stop to offer directions to someone who looks lost

**19**  
Make a friendship bracelet & give it to a new friend

**20**  
Paint positive messages on pumpkins

**21**  
Collect socks you don't need & donate them to a "Socktober" drive

**22**  
Accomplish one task on your bucket list

**23**  
Be patient on the road - allow drivers merge into traffic

**24**  
Go to a coffee drive thru & pay for the order behind you

**25**  
Tape a bag of microwave popcorn to a DVD rental machine

**26**  
Talk to a stranger at a party that looks like they don't know anyone

**27**  
Donate old Halloween costumes to a children's hospital

**Diwali**

**28**  
Make homemade play-doh to donate to a preschool class

**29**  
Volunteer to cover a coworker's shift

**30**  
Make monster sock puppets to give to kids

**31**  
Compliment as many Halloween costumes as you can

**Halloween**

